

What is the Lucy Daniels Center?

Founded in 1989 with a generous start-up gift from Lucy Daniels, Ph.D., a local writer and clinical psychologist, the Center first treated eight children in an early intervention preschool program in 1991. Today the Center is the largest nonprofit agency providing children's mental and emotional health services in the Triangle, serving more than 600 children and families annually. The Center has been recognized with major national, regional, and local awards for its groundbreaking work in children's mental health.

Programs the Center offers in addition to SecurePath include:

- An internationally recognized preschool and elementary school sensitive to children needing extra social and emotional support
- An on-site mental health clinic for children birth to age 12
- Educational outreach programs supporting healthy social and emotional development

By being home to the Lucy Daniels Center, the Research Triangle area is truly a national hub of the highest quality mental health and childhood education services for emotionally at-risk children

Carl Narcisi, M.D.

American Psychoanalytic Association

Contact us



Visit www.lucydanielscenter.org to learn more about our award-winning child mental health programs or to request a consultation for your child.

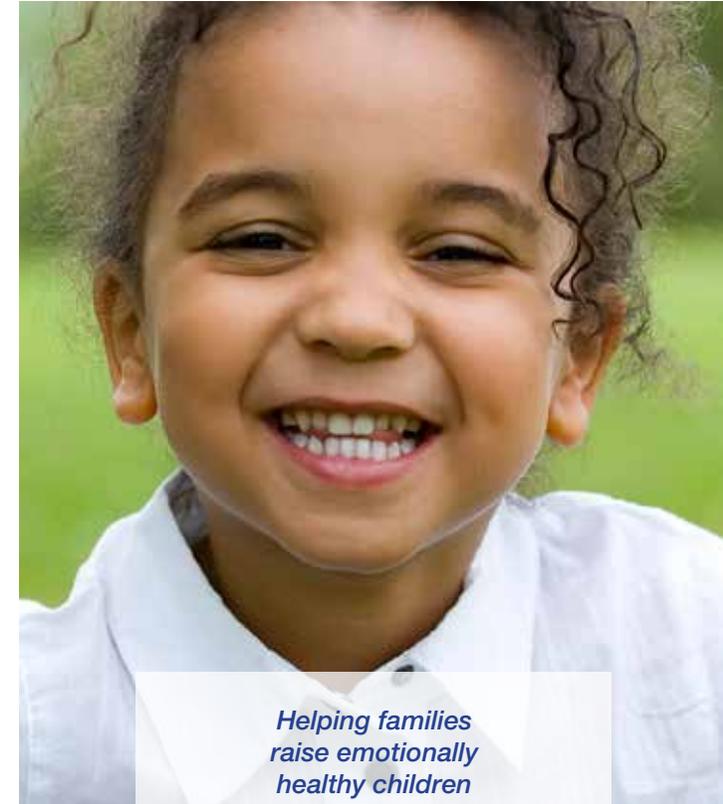
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919.677.1489 fax

Thank you to our supporting partners



Lucy Daniels Center

Helping children live emotionally healthy lives



*Helping families
raise emotionally
healthy children*

SecurePath

www.lucydanielscenter.org

SecurePath

SecurePath is a comprehensive mental health service for young children in Wake County. Usually provided at the child's home, our staff offers mental health assessments, interventions and therapy for children ages birth to five, and for their parents who need help with their child's social or emotional challenges. Services are available in English and Spanish.

Concerns we can help with include:

- Behavior and discipline challenges
- Impulsivity, inattention, and aggression
- Fears, anxieties, and behavior rituals
- Mood problems
- Social isolation and peer conflicts
- Reactions to trauma and loss
- Complications of adoption
- Arrangements and reactions to divorce
- Parenting questions, including sleep and toilet training issues

Who provides the SecurePath program and who is eligible?

The Lucy Daniels Center provides SecurePath in conjunction with Wake County SmartStart's initiative to ensure that emotionally at-risk young children have early intervention services to better prepare them for success in school and life. Services are provided free-of-charge to children birth through age five who have not yet started kindergarten. SecurePath serves children and families in Wake County who have Medicaid or who do not have insurance coverage.



SecurePath was a lifesaver for us. The in-home counseling helped my son and helped us to be better parents. We learned how to work with our child with different

needs. Now our home environment is calmer and we, as parents, are calmer."

- Parents of a 4-year-old boy

What does SecurePath offer families?

Our SecurePath licensed mental health clinicians specialize in early childhood. They respond to an individual child and family's needs by assessing each child's social and emotional progress, screening for developmental problems. Then, based on this thorough assessment, they proceed with appropriate interventions.

A child's parents or guardians have a fundamental role in the child's treatment. Our clinicians help parents understand their child's needs and ways of seeing the world and guide them in their parenting skills. The clinician may conduct play therapy with the child, provide family therapy, or observe in the child's preschool setting and provide guidance for the child's teachers. If necessary, our staff can also arrange for referrals to services that are outside the scope of the SecurePath program.

What's the next step?

If you would like to find out if SecurePath is the right choice for your child, have questions about our program or would like to arrange an appointment with one of our clinicians ...

call

919-677-1400

visit

www.lucydanielscenter.org/securepath

and complete a Consultation Request Form

