

Contact us



Visit www.lucydanielscenter.org to learn more about our award-winning child mental health programs or to request a consultation for your child.

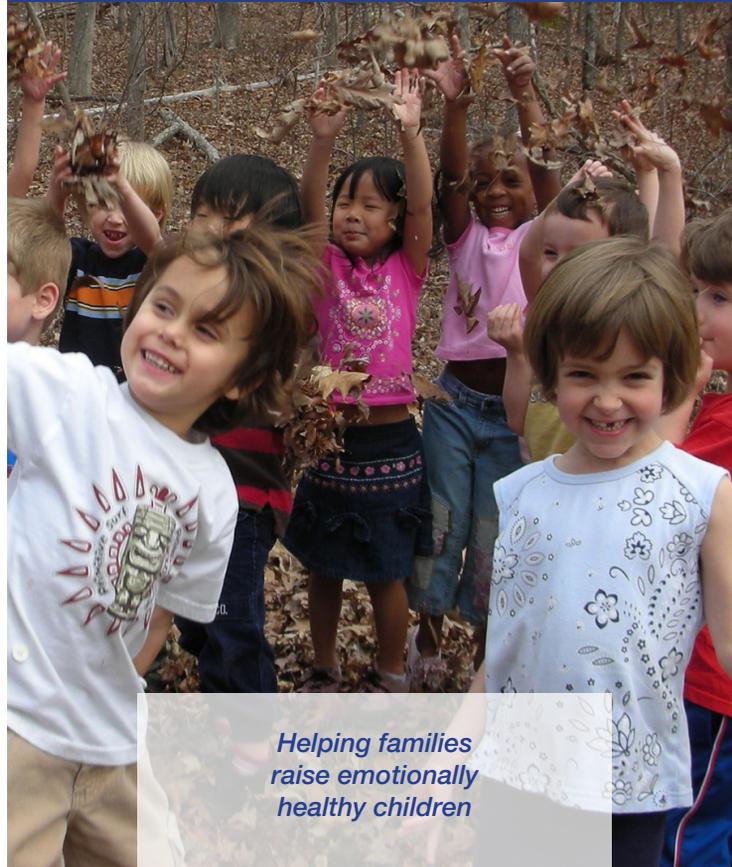
Lucy Daniels Center
9003 Weston Parkway
Cary NC 27513
919.677.1400

www.lucydanielscenter.org



Lucy Daniels Center

Helping children live emotionally healthy lives



*Helping families
raise emotionally
healthy children*

LEARN MORE ABOUT

FAMILY GUIDANCE SERVICES

www.lucydanielscenter.org

Family Guidance Services

Lucy Daniels Center offers evaluations and outpatient mental health services for children through the age of 12 and their families. We offer fee reductions (sliding fee scale) for families without health insurance who qualify on the basis of financial need.

Situations with which we can help:

- | parenting questions
- | behavior and discipline challenges
- | attention deficit/hyperactivity symptoms
- | reactions to abuse and other trauma
- | childhood bereavement
- | complications of adoption including attachment problems
- | adjustments in blended families
- | difficulties as a result of divorce
- | impulsivity and aggression
- | fears, anxieties, and behavior rituals
- | separation problems
- | sleep and toileting problems
- | social isolation and peer conflicts
- | mood

We will help you understand the reasons why your child may be having emotional or behavioral difficulties, and will work together with you toward lasting resolution. In some cases, we may recommend medication, but recognize that medication often only addresses symptoms, rather than solving the underlying problem.

In our first meeting with you, we may offer advice or recommend a more extensive assessment. For example, we may suggest you consider further treatment through the Lucy Daniels School or the SecurePath Program.

Insurances we accept include:

Aetna Behavioral Health
Blue Cross Blue Shield
Cigna Behavioral Health
Health Choice
Magellan
MedCost
Medicaid Alliance
MHN
MultiPlan
TRICARE
United Behavioral Health



The Lucy Daniels Center has a comprehensive array of treatment options for children. We tailor our recommendations to the needs of each child. Continued help in the Family Guidance Service typically includes some combination of parent counseling, play therapy for the child, family therapy, collaboration with school, and medication assessment.

Getting started is simple. We ask that you complete our Request for Consultation form, found on the right hand corner of our home page, and submit as directed.

Please note, although we will contact you within days to acknowledge the request, waiting lists for our services can sometimes run many weeks, depending on clinician availability.