

## WHAT IS

### LUCY DANIELS CENTER?

**Founded in 1989**, Lucy Daniels Center (LDC) is the largest non-profit provider of mental health services exclusively for children in the Triangle region. The Center serves families by providing individualized care and by offering a comprehensive range of therapeutic programs. LDC is recognized nationally as a model for excellence in child mental health care.

The Center serves more than 600 children and their families yearly, providing more than 20,000 hours of direct mental health services to children up to age 11.

In keeping with its commitment to serve all children regardless of family income, LDC also provides nearly \$300,000 annually in financial support to families receiving services. Approximately 70% of these families pay less than the actual cost of services, and one in six receives services free of charge.

*“Lucy Daniels Center is my primary referral center for children and families struggling with mental health issues involving anxiety, depression, and complex and as-yet-undiagnosed conditions ... Lucy Daniels Center excels in helping children and parents explore, understand and navigate the unpredictable, discover more stability and ultimately help them venture out [into the world] with a sense of safety.”*

*Kathy Merritt, M.D., Chapel Hill Pediatrics*

## WHAT SERVICES DOES

### THE CENTER provide?

**Lucy Daniels Center** meets challenges to healthy development by addressing such issues as social, behavioral and disciplinary concerns; reactions to bereavement, abuse, or other trauma; and fears, anxieties, and behavior rituals. LDC, through its comprehensive range of therapeutic and early childhood programs, supports the social and emotional development of children ages birth to 11.

- **Family Guidance Service** offers evaluations and outpatient mental health services for children up to age 11 and their families
- **SecurePath**, in partnership with Wake County SmartStart, serves children ages birth-5 in their home or child care setting, with a focus on families who do not have insurance coverage or are receiving Medicaid. Services are offered in English and Spanish.
- **Lucy Daniels School** serves children from preschool through elementary age in an environment sensitive to the needs of children with social and emotional challenges.



*“Lucy Daniels Center helps me get back to happy.”*

*Student, age 5*

*“Lucy Daniels Center was a place for us to bring our child who had social and emotional problems and not feel judged or discouraged. After [our] almost 2-year search for help, I felt like Center staff really ‘got it’ . He started there a very sad and lost boy, and came out happy and confident. It was hard work, but worth it.”*

*Former School and FGS parent*



### In addition,

LDC participates in outreach programs that are created in partnership with corporations, foundations, local

businesses, and other non-profits. These programs strive to nurture healthy social and emotional development in children and families throughout our community.

- **The Kaleidoscope Project**, a John Rex Endowment-funded community initiative that will generate nine models on how best to provide healthy places and spaces to play, and how to support children's social and emotional wellbeing.
- **Lucy's Book Club** provides quality children's books, lessons and other materials, as well as guest readers, to Wake and Durham County early childhood centers that serve communities with a high number of families receiving a childcare subsidy.

## Why does childhood emotional health matter?

**Health childhood development – physical, emotional and intellectual – is the basis for successful growth and achievement in adults.**

The Surgeon General has estimated that one child in five struggles with a mental health concern. Children facing such obstacles have been found to benefit from interventions at the earliest possible stage, when they can do the most good, and to help children realize their full potential.

Working with families to identify and address the causes of a child's emotional, social or behavioral challenges, our highly qualified team of child mental health clinicians strive for lasting growth in the children they treat.

## Lucy Daniels Center is ...

- a registered 501(c)(3) tax-exempt non-profit charitable organization legally incorporated and licensed with the State of North Carolina
- a licensed mental health facility by the N.C. Division of Facility Services, Department of Health and Human Services (DHHS)
- a licensed, 5-Star Center by the N.C. Division of Child Development, DHHS

## How can I learn more?

Visit [www.lucydanielscenter.org](http://www.lucydanielscenter.org) to learn more about our award-winning child mental health programs or to request a consultation for your child.

### Staff Contacts

#### Donald Rosenblitt, M.D.

*Executive and Clinical Director*  
919.677.1400, x129, or  
drosenblitt@lucydanielscenter.org

#### Deborah Mugno, Ed.D.

*Director of Education and Operations*  
919.677.1400, x130, or  
dmugno@lucydanielscenter.org

#### Ellen Fort

*Director of Development  
and Communications*  
919.677.1400, x120, or  
efort@lucydanielscenter.org

#### Lucy Daniels Center

9003 Weston Parkway  
Cary NC 27513  
919.677.1400



# Lucy Daniels Center

*Helping children live emotionally healthy lives*



*Lucy Daniels Center helps children live emotionally healthy lives through in-depth evaluation and treatment, family involvement and education.*

LEARN MORE ABOUT  
**THE CENTER**

[www.lucydanielscenter.org](http://www.lucydanielscenter.org)