Annual Report 2015-2016

Providing sustainable solutions for the emotional health of children
message
from the Executive and Clinical Director

As we completed our 25th year of service, we were pleased to note we have successfully implemented the vision that has guided us from the outset:

“to provide individualized treatments at the highest level of excellence for children with emotional problems, and to use our knowledge and experience to support parents, teachers, and others who have responsibility for children.”

The mental health landscape has changed significantly over these 25 years. One important change is that the number of families requesting mental health assistance for their children has grown many times over. Increased public awareness of mental health needs and de-stigmatization of emotional difficulties have been important contributors to the increased demand. It may be that cultural and economic changes and stresses on families have also played a part in the increased demand. The Lucy Daniels Center has grown to be the Triangle’s major non-profit agency provider of mental health care for children, doing everything we can to meet this escalating need for assistance.

The past 25 years have also seen the development of new therapies, including new medications. Medication has proven to be a comparatively inexpensive and rapid way to achieve some symptom relief in many situations. Pharmacological interventions have become the major kind of assistance for many children. However, it is our view at Lucy Daniels Center that although there are some children for whom medication is absolutely necessary, most children’s development will be best served by other approaches even if medication is used as a temporary support. We have been able to help thousands of children over these 25 years with this clinical approach.

We do not know what the next 25 years will bring. There will undoubtedly be changes in health insurances and therapeutic approaches. We can be confident that the need for mental health care will grow and that the Lucy Daniels Center will remain committed to continuing to grow to meet that need with the same individualized commitment to children and families that has always grounded us.

mission
 Statement

The Lucy Daniels Center helps children live emotionally healthy lives through in-depth evaluation and treatment, family involvement, and education.
**Special Events**

**Expressions V**

Steven Devereaux Greene, Executive Chef of the Umstead Hotel & Spa and a team of all-star chefs joined Beverly McIver, a leading figure in the contemporary art world, for Expressions V: A Celebration of Food and Art on Friday, November 20, 2015 at The Umstead Hotel and Spa in Cary, NC. McIver, a Durham resident and well-known figure in the art world, was named among the “Top Ten in Painting” by Art in America. In 2011, she was the focus of an Emmy-nominated documentary, “Raising Renee”, about her experiences caring for her mentally disabled sister.

The team of chefs was led by Greene to create a multi-course meal complete with expert wine pairings inspired by McIver’s chromatically rich artistry. This one-of-a-kind event helped raise proceeds to benefit children and families who receive life-changing mental and emotional health services from the Lucy Daniels Center. 2015’s event also celebrated the 25th Anniversary of the nationally renowned Center.

Expressions V: A Celebration of Food and Art brought together philanthropists, food and wine enthusiasts and lovers of the arts for a common goal: to benefit children’s mental and emotional health.

**The Lucy Daniels Center’s 3rd annual Inside/Out 5K** took place on Saturday, April 16, 2016 at the Center just off Weston Parkway in Cary. Participants enjoyed a unique and rigorous, certified course through some of Cary’s beautiful greenways around the Center.

Nearly 50 runners participated, and the event raised over $25,000 to benefit programs of The Lucy Daniels Center.
Summary

Financial

Revenues

- Other Income
- Contributions and Events
- Tuition
- Foundation and Other Grants
- Mental Health Services
- Government Grants

Expenses

- Fundraising
- Management and General
- Programs Services

Tuition
Mental Health Services
Government Grants
Other Income
Contributions and Events
Foundation and Other Grants

CASH GIFTS AND GRANTS

LEADERSHIP CIRCLE 25,000 AND UP
City of Raleigh
John Rex Endowment
Wake County SmartStart

PILLARS $10,000-24,999
C. Hamilton Sloan Foundation
Burton & Heather Craige
Josephus Daniels Charitable Fund (TCF)
Mead Family Foundation
PNC Financial Services Group

CORNERSTONES $5,000-9,999
Sylvia Adkins
Blanche Bacon
William Bernstein
Credit Suisse Americas Foundation
Julie Daniels
Lucy Daniels
Duke Energy Foundation
Finish Strong
John William Pope Foundation
PNC Foundation
Charles Sanders
The Town of Cary
William C. Ethridge Foundation, Inc.

VISIONARIES $1,000-4,999
Paul & Evelin Brinich
Caterpillar Corporation
Craven Allen, Inc
Julia & Frank Daniels
Ruth & Stephen Grant
Guy C. Lee Building Materials
Chris & Liz Marin
Skip Mericle
Kathy Merritt & Erik Paulson
Modern Woodmen of America
Candace & Michael Olander
Antonia & Brittian Peck
Linda & Orage Quarles
Jennifer & Robert Reid
Gregory & Renu Renck
Rex Healthcare
Smith Moore Leatherwood LLP
David & Teri Smith
David Stradley & Sarah Winslow
United Arts Council
Derrick & Deshsia Watson
Hope & Mark Winstead

BENEFACTORS $250-999
At Large Graphics Signs & Printing, LLC
Tyrelle Barnes
Jamie & Shane Bull
Jeff Carcillo
Cary Garden Club
Andy Clark
Brian Coan
John & Robin Costello
Kim Curry-Evans
Pam & Robert Dowdy
Duke University Medical Center
Worth Dunn
Susan Eder
Ed & Stuart Embree
Victor Farah
Federal Employees Combined Campaign
Ellen Fort
Kirk Gregg (Fidelity Charitable Gift Fund)
Mark Hewitt
Lucy Inman
Mardy Ireland
Noel James
Lida Jack
Keshav Consulting Solutions
Katherine Kirschner
Joanne Kurtzberg
Tony Lombard
Maggie Clay Love Consulting, Inc.
Allan & Kay Maltbie
Xavier McCall
Edward McCarthy
Microsoft Matching Gifts/Benevity
Deborah Mugno & Robert Pickens
Margaret & John Murray
Hilton Cancel
(Allan Financial Services LLC)
Spencer Parris
Epi Pazienza
Ann Pflegarath
David & Ingrid Pisetsky
Ann & KC Ramsay
Rise Hire
Greg & Leigh Ann Rotz
Pegeen Rubinstein
Abby Sandling
Michael & Paulette Singer
Bert Smith
David Smith
Joleen & Michael Smith
Damian Stamer
State Employees Combined Campaign
Cash Gifts, Grants, In-Kind Donations

Maxine & Alan Stern  
*In honor of Donald Rosenblitt*

John Tisdale  
The Town of Cary  
Triangle Community Foundation  
Tripark Advertising (Bojangles)  
Andrea & Jeff Turpin  
Ajka & Bill Wallace  
Thomas Weidner  
Charlie & Florence Winston

**BUILDERS $100-249**

Shirley Allister  
Sarah Almon  
Barbara & Bill Anderson  
Donna Askew  
Wendy Ball  
Chrise Berg  
Myra Blanchette  
Holly & Jordan Bodner  
Virginia Bonavita  
John Butts  
Cathy Carcillo  
Phyllis Chalfin  
Eric David  
Lisa Dixon  
Jennifer Edwards  
Mark Ensor  
Ken & Kristin Erb  
David & Contance Freeman  
Janice Gephart  
*In honor of Donald Rosenblitt*

IN-KIND DONATIONS

**20,000 to 170,000**

Lucy Daniels Foundation  
Barb Snider  
Umstead Hotel and Spa

**10,000 to 19,999**

Daphne Rosenblitt  
David Fuller  
Beverly McIver/Craven Allen Gallery

**5,000 to 9,999**

Lois Ostrow  
David Smith  
Paul Brinich

**1,000 to 4,999**

Heather Craige  
Greta Zuck  
U.S Foods  
Susan Eder  
The Umstead/Steven Greene  
Cantina 18  
Wells Orthodontics

**$250 to 9999**

Rocky Top Hospitality  
Blend Media Boutique  
Cameron Bar and Grill  
Holiday Inn  
At Large Graphics  
Krispy Kreme  
Scout and Molly  
Kendra Scott  
Donn Young Photography  
Thomas Hardigan

**Up to $250**

LaFarm  
Microsoft  
Camp Gladiator  
WTVD  
Omega Sport  
Pepsi Bottling Venture  
Maggie Clay Love  
Fleet Feet  
NC Symphony  
La Therapie  
Wine Merchant  
Gard Wellness Center  
Starbucks  
Joyce Watkins King
Tucker Scholarship
Allan and Kay Maltbie
Gregory and Renu Renck
David Smith

Heritage Circle
Members of the Heritage Circle place their ultimate confidence in the Center, entrusting us to steward their deepest ideals through a bequest, life income gift, or estate plan.

Burton and Heather Craig

Rosenblitt Society
The Rosenblitt Society recognizes supporters who provide the Center with predictable income and security through recurrent giving, allowing the Center to spend more resources on providing more children with the services they need.

Allan Bloom
Jordan and Holly Bodner
Antonia and Brittain Peck
Joleen and Michael Smith

A note to our supporters:
We sincerely appreciate your generous support of the Lucy Daniels Center. Accordingly, we want to recognize everyone with 100% accuracy.

If we have inadvertently made an error, please contact Patti Wilt at 919.677.1400, ext. 104 with concerns or corrections.

Artwork shown was created by the students of the Lucy Daniels School.
Family Guidance Services (FGS) served approximately 350 families during 15-16.

SecurePath, LDC’s outreach program collaboration with Wake County SmartStart, served approximately 78 families during 15-16 with therapy in both English and Spanish. Most of these were Medicaid-eligible families.

Our First Friends afternoon social skills group was revived as a periodic 8-week, 16-session program. The afternoon sessions, led by Lucy Daniels School therapeutic teachers, replicated some of the playtime, group time and transition times that are typical in early childhood settings. The information gathered from First Friends helps parents develop a deeper sense of their child’s struggles and in turn to think about ways to support his/her ongoing social-skills development.

The first therapeutic First Friends Summer Camp was held during the summer of 2016. It focused on helping children develop the same kinds of skills as in the First Friends afternoon program.

Sculptor Paris Alexander worked with children and teachers at the LDS in creating sculptures for the therapeutic teaching garden. His involvement was made possible by a grant from United Arts.

Expressions V, featuring Durham artist Beverly McIver, was held at The Umstead Hotel and Spa in November of 2015, led by Executive Chef Steven D. Greene and pastry chef Evan Sheridan. Guest chefs were executive chef Michael Kramer with Table 301 Restaurant Group of Greenville, SC and executive chef Ken Vedrinski, owner of Coda del Pesce in Charleston, SC. This gala commemorated the 25th anniversary of the Lucy Daniels Center as well as raised funds to help families afford services who might otherwise be unable to pay.

The Lucy Daniels Center received funding from John Rex Endowment to begin a one-year organizational assessment. Consultant Maggie Clay Love was hired to conduct the assessment, which built upon a previous strategic plan and would lay the groundwork for the next five-year plan.

The Lucy Daniels Center was one of a group of five nonprofits to receive a four-year, $1.9 million total grant to collaborate on ways to nurture children’s mental, social and emotional well-being in places and spaces where children live, learn and play. Other partners included the Center for Child and Family Policy, Duke University; Marbles Kids Museum; Natural Learning Initiative, College of Design, NC State University; and Project CATCH, a program of The Salvation Army of Wake County. The grant project was entitled Place and Spaces (now The Kaleidescope Project).

The Third Annual 5k Run/Walk for Children’s Mental Health was held on June 11, 2016 to raise funds for the Lucy Daniels Center’s Family Support Fund.

An event called Laugh Loud Sing Proud, organized by LDC supporter Billy Warden, was held in August of 2016 at Kings Barcade in downtown Raleigh. The comedy/music event raised funds to benefit LDC and its programs.